

Hand Over Your Heart

Choreographers: Karen & Ian Charlesworth - 6 Redvers Rd., Salisbury Park, South Australia 5109

Record: RCA 62105-7

Footwork: Opposite Throughout, Directions for Man unless noted in parentheses

Level: Roundalab Phase 3+1 (Umbrella Turns) Cha Cha

Sequence: Intro A, B, int 1, A, B, int 2, C, B, int 3, B(1-6), Ending

Meas

Intro

1-4 WAIT FACING PARTNER 1.8M APART;; TOG WALK SNAP 2; BASKETBALL 4;

1-2 wait 2 meas facing ptrn 1.8m apart

3-4 fwd L and snap fingers, fwd R and snap fingers; lunge fwd L toward ptrn, trn 1/2 rf rec R, lunge fwd L, trn 1/2 rf to face ptrn rec R;

5-8 FULL BASIC (BFLY WALL);; SHOULDER TO SHOULDER; TWICE (CLOSE WALL);

5-6 rk fwd L, rec R, bk L/cl R, bk L; rk bk R, rec L, fwd R/cl L, fwd R while blending to bfly wall;

7-8 rk thru rld L (W rk behind rld R), rec R, sd L/cl R, sd L; rk thru lod R (W rk behind lod L), rec L, sd R/cl L, sd R blending to close wall;

Part A

1-4 STROLLING VINE;; FULL BASIC (BFLY WALL);;

1-2 sd L, xRib (W xLif), sd L/cl R, sd L trn 1/2 lf; sd R, xLib (W xRif), sd R/cl L, sd R trn 1/2 rf;

3-4 repeat meas 5-6 of intro

5-8 NEW YORKER; WHIP; ROCK APART, RECOVER, LACE BACK (OPEN LOD); CHA WALK (1 MEAS);

5-6 rk thru rld L, rec R, sd L/cl R; bk R trn lf fc lod, fwd L cont trn to fc coh (W fwd L across and in front of M twd coh trn lf, sd R cont trn to fc ptrn & wall), sd R/cl L, sd R;

7-8 rk apt from ptrn L, rec R to L op fcg, fwd L/cl R, fwd L (W xif of M under joined M's L and L's R hands fwd R/cl L, fwd R) to open; fwd R, fwd L, fwd R/cl L, fwd R;

Part B

1-4 SLIDING DOOR; TWICE (OPEN LOD); OPEN FWD BASIC (BFLY WALL); TRAVELLING DOOR;

1-2 rk apt L, rec R, (M xib W) xLif/sd R, xLif; rk apt R, rec L, (M xib W) xRif/sd L, xRif to open;

3-4 rk fwd L (W fwd R), bk R, bk L/cl R, bk L blending to bfly; rk sd rld R, rec L, xRif/sd L, xRif;

5-8 VINE/TWIRL 2 & CHA; CRAB WALK (1 MEAS); CHA BOX/CIRCLE;;

5-6 sd L, xRib (W rf twirl R,L), sd L/cl R, sd L; xRif (W xLif), sd L, xRif/sd L, xRif;

7-8 sd L, cl R, fwd Ltwd wall/cl R, fwd L (W cir away from ptrn twd wall fwd R, fwd L, fwd R/cl L, fwd R); sd R, cl L, bk R/cl L, bk R (W cir tog twd coh fwd L, fwd R, fwd L/cl R, fwd L) to bfly;

9-10 BACK BASIC; FWD BASIC (CLOSE WALL);

9-10 rk bk L, rec R, fwd L/cl R, fwd L; rk fwd R, rec L, bk R/cl L, bk R blending to close wall

3rd time through Part B stay in Bfly

Int 1

1 TWIST VINE 4;

1 sd L, xRib (W xLif), sd L, x Rif (W xLib);

Int 2

1 CHASSE 4;

1 sd L, cl R, sd L, cl R;

Part C

1-4 UMBRELLA TURNS (4 MEAS) (BFLY WALL);;;

1-2 repeat meas 5 of intro (W rk bk R, rec L trn 1/4 lf to fc rlod, sd R/cl L trn 1/4 lf to skaters, bk R); repeat meas 6 of intro (W rk bk L, rec R trn 1/4 rf to fc rlod, sd L/cl R trn 1/4 rf to bfly, bk L);

3-4 repeat meas 1-2 part C

5-6 CHASE (2 MEAS);;

5-6 lunge fwd L(W rk bk R), trn 1/2 rf rec R (W rec L), toward coh fwd L/cl R, fwd L; lunge fwd R (W lunge fwd L), trn 1/2 lf rec L (W trn 1/2 rf rec R), toward wall fwd R/cl L, fwd R;

7 BASKETBALL 4;

7 lunge fwd L toward wall, trn 1/2 rf rec R (W trn 1/2 lf rec L), lunge fwd L, trn 1/2 rf to face wall rec R (W trn 1/2 lf rec L);

8-11 FINISH THE CHASE (2 MEAS);; SHOULDER TO SHOULDER; TWICE;

8-9 repeat meas 5 of intro (W lunge fwd R, trn 1/2 lf rec L, bk R/cl L, bk R); repeat meas 6 of intro;

10-11 repeat meas 7 and 8 of intro;;

12-15 NEW YORKER; HAND TO HAND; BREAK TO OPEN; CHA WALK (1 MEAS);

12-13 repeat meas 5 of part A; rk behind lod R, rec L, sd R/cl L, sd R;

14-15 rk behind rlod L, to open rec R, fwd L/cl R, fwd L; repeat meas 8 of part A;

Int 3

1 VINE 4 (OPEN LOD);

1 sd L, xRib, sd L, x Rif blending to open;

Ending

1-4 FULL BASIC; CHASE (2 MEAS);

1-2 repeat meas 5 and 6 of intro;;

3-4 repeat meas 5 and 6 of part C;;

5-6 BASKETBALL 6 & SHOOT

5-6 repeat meas 7 of part C; lunge fwd L toward wall, trn 1/2 rf rec R (W trn 1/2 lf rec L) and W make gun formation with R hand and point at man's back while M places his R hand over his heart to protect it